

Dr. Thomas McKay

Chiropractic Physician

SANDHILLS ALTERNATIVE HEALTHCARE

120 WEST VERMONT AVENUE
SOUTHERN PINES, NC 28387

Phone: 910-693-3700 Fax: 910-693-3709

Website www.livewellstartnow.com

PATIENT PERSONAL INFORMATION:

Date: ___/___/___

Name: _____ Gender: ___ Male ___ Female

Address: _____

City/State/Zip: _____

Date of Birth: ___/___/___ (Age: ___)

SSN: ___/___/___

Primary Phone Number: ___-___-___

Cell Number: ___-___-___

Email Address: _____ @ _____ .com (all information is kept confidential)

Emergency Contact Name and Phone

Number: _____

Married___ Single___ Widowed___ Divorced___ Child___

How did you hear about our office? _____

Patient Employment Information:

Current Employment: ___ Full time ___ Part time ___ Retired ___ Other

Name of Employer: _____ Work Number: _____

Insurance Notification:

We **do not** file any primary insurance in this office other than Medicare

We **do not** file any secondary insurance in this office

We **do not** accept Medicaid

We **DO** supply patients with a walk out transaction report or other forms necessary so that you may file your insurance.

Full payment is expected up front on the date of your visit.

Medicare Notification: (If you are a Medicare patient you **Must** sign below)

I, the undersigned, understand that although the chiropractic services listed below may be necessary for the treatment of my condition, these services may **NOT** be covered by Medicare and I am financially responsible for all charges whether or not paid by Medicare. I authorize the office of Dr. Thomas P. McKay Jr. to release all information necessary to secure payment of benefits. I acknowledge this disclaimer with my signature here: _____

Non-covered Chiropractic Charges:

X-rays, Examination, Lab and Diagnostic Exams, Supports, Physical Therapy, Modalities and Nutritional Supplements.

What Is Covered by Medicare?

After you have met your deductible, Medicare will pay 80% of the allowable charge. Medicare covers manipulation of the spine if medically necessary to correct subluxation (when one or more of the bones in your spine move out of position) when provided by chiropractic physicians.

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Chief Complaint: (reason why you are here today)

Past Surgeries/Hospitalizations:

Procedure: _____ Date: _____
Procedure: _____ Date: _____
Procedure: _____ Date: _____
Procedure: _____ Date: _____

Medical History:

Personal - Have you ever been diagnosed with any of the following?

asthma pneumonia tuberculosis thyroid disease kidney failure

bronchitis emphysema hepatitis high cholesterol rheumatic fever

diabetes cancer heart disease blood disorder blood clots

high blood pressure Other illness: _____

Family - Check if any family history of the following:

angina/heart attack heart failure high blood pressure diabetes

aneurysm rheumatic fever stroke congenital heart disease

high cholesterol blood clots bleeding disorders kidney failure

Other: _____

Please rate your Overall Health:

Excellent Good Fair Poor

Exercise:

None 1-2 X week 3-4 X week 5 or more X week

List _____ any _____ type _____ of
exercise: _____

Habits:

__Alcohol __Drinks per day __Street/Recreational Drugs __IV Drug use
__Smoking __Packs per day __Years of Smoking
__Testing for HIV or Hepatitis (please indicate result of
testing) _____

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Medications: (list all medications including over the counter medications that you are currently taking)

Name _____	Strength _____
Dosage _____	
Name _____	Strength _____
Dosage _____	
Name _____	Strength _____
Dosage _____	
Name _____	Strength _____
Dosage _____	
Name _____	Strength _____
Dosage _____	

Please list any allergies:

—

Diet History:

How much do you drink each day: __Coffee __Tea __Caffeinated Soda __Diet Soda

List oils you use for cooking: _____

Circle the one that you use: Butter or Margarine

Do you know what partially hydrogenated fats are? __yes or __no

Do you eat them? __yes or __no

Do you frequently skip meals? __yes __no

Are you on any special diet or nutrition program? __yes __no

If _____ yes, _____ please _____ explain:

Foods _____ you _____ are _____ allergic _____ to?

Foods _____ you _____ are _____ sensitive _____ to?

Foods _____ you _____ dislike?

Circle the foods that you crave:

Salty Sour Spicy Fatty-Foods Cereals Vegetables
Meats Fats Sweets Fruits Breads Dairy Other: _____

What _____ do _____ you _____ eat _____ for _____ breakfast?

What _____ do _____ you _____ eat _____ for _____ lunch?

What _____ do _____ you _____ eat _____ for _____ dinner?

What snacks do you eat between meals or before bed? _____

What foods do you eat a lot of, at least once per day?

How many bowel movements do you have per day?

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Symptom Survey:

Please check if you are experiencing any of these symptoms:

General: **None** ****Last Physical Date:** _____
 fever anxiety sweats chills weight gain
 weakness fatigue irritability insomnia depression

Skin: **None**
 color changes itching easy bruising
 skin eruptions scaling

Eyes: **None** ****Last** **Exam**
Date: _____
 glasses/contacts color blindness sensitivity to light
 blurring night blindness double vision
 discharge redness excessive tearing

Ears: **None**
 pain ringing itching hearing aid deafness
 dizziness discharge

Nose: None
 sinusitis excessive bleeding blockage nasal discharge

Mouth: None ****Last** **Dental** **Exam** **Date:**

 dentures abnormal taste speech difficulty
 hoarseness gum disease cavities

Neck: None
 swelling goiter mass/nodules pain stiff
neck

Respiratory: None
 cough bronchitis asthma sputum production
 wheezing coughing up blood shortness of breath
 frequent chest colds

Cardiovascular : None ****Last Chest X-Ray Date:** _____
 chest pain calf pain enlarged heart dizziness
 swelling heart murmur irregular/fast heart beat

Gastrointestinal: None
 belching constipation tooth/gum disease bloating
 diarrhea mucous in stool difficulty chewing black stool
 vomiting jaundice difficulty swallowing rectal pain
 heartburn bloody stool abdominal pain

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Symptom Survey Continued:

Genitourinary: None
 kidney stones difficulty urinating incontinence
(leaking)
 blood in urine painful urination
****How many times do you urinate during the night?** _____

Endocrine: None
 goiter thyroid disorder feel hot/cold when
others do not

Neurological: None
 seizures frequent headaches partial/temp loss of vision
 memory change severe headaches
 partial/temp loss of speech face numbness
 face tingling weakness in arms or legs

Musculoskeletal: __None

joint swelling bone/joint tenderness backache
 limitation of movement of joints

****Women Only Complete:****

None

vaginal discharge breast discharge hot flashes
 miscarriages breast pump abortions
 Birth Control: _____

type) _____ (list
__IUD: (list year inserted) _____

Age menstruation began: _____
Describe periods: Regular or Irregular__
Date of last menstrual period: __/__/____

****Men Only Complete****

None

penis discharge slow/weak urine stream prostate trouble
 swelling or pain in testes
 vasectomy (date of surgery): _____

Non Physical:

None

job problems psychiatrist seen depression
 relationship problems personal problems
Other: _____